



Pickering Rouge Canoe Club

Come Paddle With Us!

Sprint Canoe and Kayak, Dragon Boat and Outrigger *Frenchman's Bay, Pickering*

- Fun summer programs for children ages 9 and up
- Competitive training and racing for teens
- PaddleALL – recreational and competitive opportunities for people with mental or physical challenges
- Master's program for adults
- High school and corporate Dragon Boat teams
- Outrigger for 6 paddlers (OC-6)
- Opportunities to race at local, regional, provincial and national regattas
- Paddling in spring, summer and fall, as well as winter training programs



Canoe and Kayak Camp

Rouge Beach, Scarborough

- Summer camp for ages 6-13
- Counsellor-in-training (CIT) program for ages 14-16
- Intro to Sprint for ages 9-15



www.pickeringrouge.ca

(905) 767-3330

 @PickeringRougeCanoeClub

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