

Pickering Rouge Canoe Club COVID-19 Response Plan Camp, LIT, and Sprint Racing Programs: June 22, 2020

Pickering Rouge Canoe Club (PRCC) will be operating programs for children and youth at Rouge Beach in July and August 2020. With the health and safety of participants and staff our highest priority, we will be implementing new measures to prevent any spread of COVID-19. These measures emphasize prevention, screening, education, and staff training to reduce the risk that anyone with COVID-19 will participate or work in any PRCC programs. However, in the event of a suspected or confirmed COVID-19 case in our programs, we have created this response plan to ensure that the health and safety of our participants and staff is maintained. We will continue to assess and evaluate our policies to ensure we are aligned with all government requirements, particularly the Ministry of Health's COVID-19 Guidance for Summer Day Camps. PRCC is confident in the ability to run these programs safely given that the activities occur outside, children will be in boats that maintain physical distancing, and we have qualified and well-trained staff.

The three programs operating at Rouge Beach are: Canoe and Kayak Camp, Leaders-In-Training (LIT) and the Sprint Racing program for ages 9-14. Reference to participants below means children and youth in any of these three programs.

Rouge Beach falls under the jurisdiction of Toronto Public Health. Other health units, notably Durham Region Health Department and York Region Public Health, could be involved in public health actions if any PRCC participants are residents from their areas.

COVID-19 Response Plan

Management of Participants with Suspected COVID-19

- Participants who develop any symptoms consistent with COVID-19 will be immediately separated from others in a supervised area until they can go home. Those providing care will maintain a distance of at least 2 metres.
- At a minimum, the symptomatic participants and staff will be wearing a mask (if tolerated).
- The guardians of the symptomatic participant will be contacted immediately.

- Toronto Public Health will be notified of a potential case and PRCC will be seeking their advice regarding information that will be shared with other guardians of program participants.
- Environmental cleaning / disinfection of the space and items used by the camp will be conducted once the participant has been picked up. Items that cannot be cleaned and disinfected will be removed from the program for a minimum of 7 days.
- Participants with symptoms will be encouraged to seek testing and to follow public health guidance.
- Other participants and staff who were present while a participant or staff became ill should be identified as a close contact and further cohorted until they can be picked up to self-isolate at home. The local health unit will provide further direction.
- Participants and staff exposed to a confirmed case of COVID-19 will be excluded from the program setting for 14 days.

Testing for COVID-19

- All symptomatic staff and camp participants will be encouraged to go for testing. Testing of asymptomatic persons should only be performed as directed by the local public health unit as part of case/contact and outbreak management.
 - Those who test negative for COVID-19 will be excluded from the program until 24 hours after symptom resolution. If a symptomatic person receives a negative result, a repeat test within 24-48 hours can be considered if clinical suspicion is high.
 - Those who test positive for COVID-19 will be excluded from the program for 14 days after the onset of symptoms and clearance has been received from the local public health unit.
- A laboratory confirmed case of COVID-19 in a staff member or participant would constitute a COVID-19 outbreak as declared by Toronto Public Health.
- Participants or staff who have been in contact with a suspected COVID-19 case will be monitored for symptoms and further cohorted (i.e., grouped together) until laboratory tests, if any, have been completed or until directed by the local public health unit.
- Staff members and participants awaiting test results will be excluded from the program until results are received.

Staff Members

- If a staff member is diagnosed with COVID-19, the staff member must remain off work for 14 days following symptom onset and has received clearance from the local public health unit.
- If a staff member is a close contact of an individual diagnosed with COVID-19, the staff member must remain off work for 14 days from last exposure. The staff member will consult with the local public health unit to determine when they can return to work.
- Prevention and education will be emphasized to all staff during training to reduce the likelihood that they will be exposed to COVID-19.